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| Name: MR.SIDDHARTH MALHOTRA | Reg No: 5-6SMHC19 |
| Age / Sex:27/M | Contact No:9417941670 |
| Marital Status:ML- 4 MONTHS | Date:05/6/19 |
| Occupation:S.E . BTECH CSC | Dr. PJFP |
| Address:  NATIVE OF PUNJAB AMRITSAR  IN BLORE SINCE 4.5 YEARS. | DIAGNOSIS- |

1. WARTS ON FEET RECURRING SINCE RECENTLY. (H/O OF HAVING THEM FOR 1.5 YR 8-10 ON EACH FOOT). NO PAIN NP ITCHING. 3 YEARS BACK USED SOME CAP ON IT AND IT STARTED TO INCREASE.
2. WHEN WORKING OUT GETS ACIDITY. BEND DOWNWARDS WHOLE ACID COMES OUT. SINCE 3-4 YEARS BT INC SINCE 6-7 MONTHS.COMES UPTO THROAT. MUST TAKE JUICE OR ENO OR COCONUT WATER. < RUNNING AND PUSH UPS.

PAST H/O:

* SMALL POX,
* TOOK VACCINATION FOR TYPHOID
* WISDOM TOOTH EXTRACTION 1.5 YR BACK. IMPACTED TOOTH.

FAMILY H/O:

* RENU MALHOTRA MOM:DM. THYROID DYSFUNCTION
* DADS SIDE OK.

PERSONAL H/O:

* NON VEG.
* WEEKENDS IRREGULAR OTHERWISE REG. HUNGRY.
* IF EATS NON VEG GETS BOILS HIP. OILY SPICY NON VEG. DOESN’T GET MOTION PROPERLY. MORE TOWARDS
* AVERSION BITTER GOURD
* THIRST: 1.5-2 LTS.
* SWEAT IS NORMAL.
* DON’T GET DREAMS. SLEEPS WELL. QUICKLY. FINDS HARDER TO WAKE EARLY.
* VIT D IS LESS.

RX:

1. THUJA10M – 4 DOSES WEEKLY 2 B/FOOD. MORNING
2. SULPHUR 10M – 4 DOSES – WEEKLY 2 B/FOOD AFTERNOON
3. ANTIMU CRUD 10M – 4 DOSES WEEKLY 2 B/FOOD NIGHT.
4. RUB 15 – 1 TAB MNG B/FOOD.
5. NAT PHOS 30 – 4-4-4 B/FOOD.

22/6/19: improved digestion and acidity by 40-50%. Warts same.

1. THUJA1M –mng
2. SULPHUR 1M – aftn
3. ANTIMU CRUD 1M – night
4. RUB 15 – 1 TAB MNG B/FOOD.
5. NAT PHOS 200 – 4-4-4 B/FOOD.